

## FAQs for "off peak" u3a membership:

### Ilkley Lawn Tennis & Squash Club Fitness Centre

#### 1. Is this a permanent arrangement with the tennis club?

- No. It is a pilot scheme that runs to 31st March 2024. This is the tennis club financial year end when they traditionally also review membership fees.
- It is anticipated a decision on the future of the scheme will be made in early 2024. Much will depend upon how many participate and if it is seen as beneficial financially to the tennis club.
- You will know if the scheme is to continue before the end of your contract period.

#### 2. How do I join this scheme?

- Once you are a member of Ilkley & District u3a, look for the Fitness Hub Group on the u3a website. Ask our Fitness Hub coordinator Nikki Falconer to provide a copy of an application form, direct debit mandate and health declaration. Once completed, these need to be sent or taken to the tennis club for processing. **See reception times in Q7.**

#### 3. Who do I contact with enquiries relating to this scheme?

- Email [fitnesshub@ilkleyu3a.org](mailto:fitnesshub@ilkleyu3a.org) and our u3a Fitness Hub Coordinator (Nikki Falconer) or one of her colleagues will respond

#### 4. When can u3a members start signing up and paying?

- Application forms etc. can be submitted at any time. Upon receipt of the first payment (by card or direct debit) an email will be sent with instructions for using the FitSense app and QR code that controls the access to the club. You can also ask reception for an entry fob. **See Q 6 & 7**

#### 5. Will each contract be for a period of six months?

- Not necessarily. No contract under this pilot scheme will run beyond 31st March. The following examples of joining dates may help.

**1st September:** Contract ends 29th February 2024.

**15th September:** Contract ends 29th February 2024 but you will only be charged for the 15 days to end September and then £150 for 5 months.

**NB.** For members joining in September, there will be the option to pay an extra £30 that takes membership through to the end of the pilot scheme on 31st March.

**1st October:** Contract ends 31st March 2024.

**15th October:** Contract ends 31st March 2024 but you will only be charged for the 16 days to end October and then £150 for 5 months.

**1st January 2024:** Contract ends 31st March 2024 for which you will be charged £90 i.e. £30 per month for 3 months.

## **6. Can I pay the full contract amount by credit card?**

- Yes. Either in person or by phoning club reception on 01943 607182

## **7. When is the tennis club reception open?**

- Mon-Thu 6am - 10pm, Fri 6am - 9pm, Sat Sun 8am - 8pm

## **8. What are the rules about re-joining for existing tennis club members?**

- Only new members can join the u3a scheme. If you wait 3 months before you re-join you are classed as a new member.

## **9. Will the existing u3a classes continue to operate?**

- These will continue at the same times as now and will initially be just for u3a members. Turn up as follows. No need to book.

**Move Freely.** Every Tuesday at 1 pm starting 5th September  
**Pilates One.** Every Thursday at 1 pm starting 7th September  
**Pilates Two.** Every Thursday at 2 pm starting 7th September  
**Silver Spin.** Every Friday at 1 pm starting 8th September

The demand for these classes will be kept under review. Later in the year, bookings may be open for ordinary gym members to join these classes.

## **10. Can I turn up for a u3a class even if I have not previously attended?**

- Yes. We anticipate there will be room for all. So, for instance you may decide to attend both Pilates and Spin in the same week.

## **11. Can I book for other classes that might be running?**

- Yes. Use the tennis club app or call reception. Bookings normally open 7 days in advance

## **12. Can you arrive before 10am to change for a 10am session?**

- Yes. Access is via a QR fob or QR on app.

## **13. Why will my name & contact details be passed by tennis club to u3a?**

- To verify continuing membership of u3a. It also enables us to inform you of other developments such as new classes in the future.