

# News Flash

Your regular newsletter from Ilkley & District u3a

Issue 23.19 13th September 2023

## Stop Press:

**The speaker meeting for this coming Saturday 16th September has been cancelled.** Due to a mix up with the hall booking arrangements, the large hall at Clarke Foley is now being used for another function on 16th September. We hope to reschedule sometime in 2024.

## Spare places on a coach outing

The Science & Technology Group are visiting the iconic Anderton Boat Lift and then Lions Salt Works on **Wednesday 18th October**. Local pick-ups. Only £58 to include entrance fees, boat trip and lunch. Full details available [on this link including how to book](#). Limited places. Book early!

## Group News

**Literary Classics.** An opportunity to join a friendly group which discusses classic novels where each contributor leads on a book thus giving an opportunity to study a novel in depth. The new term starts **10 am Wednesday 4th October** at Christchurch on the Grove in Ilkley. Further information and contact details [on this link](#).

**Play reading** Explore fantastic drama without having to memorise a script! The group restarts in October through to December reading plays serious and plays light-hearted. A chance to read a part and maybe enter into the feel of a play! We meet fortnightly at 1.45 – 4.15 at the Methodist Church Hall, Ben Rhydding Drive, LS29 8PN. Only five minutes from Ben Rhydding station. Fees are £16 for six sessions to meet costs of hire of the hall and play scripts. For further information please contact Ed Carne [ed\\_carne@blueyonder.co.uk](mailto:ed_carne@blueyonder.co.uk) / 01943 600612. [Select here to read more](#).

**Table Tennis on Tuesdays** [Details on this link](#). This group has now restarted and runs to 28th November, excluding 7th November. Held at the Ilkley Winter Gardens 2pm to 4 pm. Cost around £30. Contact Phil Reed ([p778833@hotmail.co.uk](mailto:p778833@hotmail.co.uk)) to enquire about joining.

**Cryptic crosswords** If you enjoy doing cryptic crosswords, why don't you have a go at setting them instead? The group meets most **Thursday afternoons at 3pm during the winter, normally by Zoom**. It's addictive fun if you enjoy playing around with the meaning of words. Contact David Wilyman [david.wilyman@uwclub.net](mailto:david.wilyman@uwclub.net) or 01943 602930 for further information.

**The Disco Group** is for anyone who enjoys dancing to the music of the 1960s-70s (and a bit either side). We meet on alternate Mondays 2.00-3.30pm at the Ben Rhydding Scout Hut, with our new

season starting on 25th September. New members welcome for a free trial session. More details on [this link to our website](#). Or contact [peter@workhouses.org.uk](mailto:peter@workhouses.org.uk)

**Beginners Bridge** Restarts in November. [Group details on this link.](#)

**Walking Cricket** Moves indoors from October, playing weekly, at Aireborough Leisure Centre in Guiseley **10-12 on Mondays**.

No previous experience is necessary and all equipment is provided. Just wear something comfortable. Layers are recommended as the temperature in the hall can be unpredictable. The group would particularly encourage more female players to come along to try it out. First session is free. We are a very friendly, fully inclusive, encouraging group. More details including who to contact [on this link.](#)

**Scorers and umpires would also be most welcome** and people can sit to do those roles. Ideal for anyone who loves cricket but aren't mobile enough to play. Again, no experience necessary - we'll train you up and guide you.

**Jazz Appreciation** [Select here](#) to read more about this group. It meets on the 2nd and 4th Monday of each month alternating between the Bar T'at (opposite Clarke Foley) in Ilkley and online. Contact details for the group leader [here](#). (You'll need to login to the website to access this link.)

**Don't see anything that appeals?** Suggest a topic. [Give details on this link.](#)

## **Chemotherapy Support**

Gill Crebbin is interested in starting up a short course or group for anyone who is, has been, or is due to be undergoing chemotherapy. The aim of the group will be to share experiences, swap information and generally provide each other with support.

The group will be welcoming and informal. It will be held at Gill's house in central Ilkley, either weekly or fortnightly (dependent on the members' wishes and commitments). Gill would like to gauge the level of interest in such a group before deciding to get it set up. If you are interested, or want to know more, please contact Gill at [gillcrebbin@icloud.com](mailto:gillcrebbin@icloud.com).

## **Short Courses**

**Peacebuilding** **2 pm from Friday 27th October** for 7 weeks. Just buy a drink at the venue. For more information and to register, [select here.](#)

**Getting the most out of an iPad or smart phone.** Does anyone fancy running a short course on this topic? We know many members can do the basics of reading and sending emails, but today's devices are capable of so much more. Email [shortcourses@ilkleyu3a.org](mailto:shortcourses@ilkleyu3a.org) if you feel able to help.

## On line courses

**Various topics.** As part of the annual subscription, members have access to online tutorials and lectures provided by our parent body the Third Age Trust. [Select here for more information.](#)  
**NB.** The series of lectures on the USA election system starts 2 pm, not as stated.

**An Interest Groups Online Fair** Organised by the Third Age Trust (our parent body) is taking place from **Monday 2nd to Friday 6th October**. There will be three sessions each day which will take place at **10am, 11.30am and 3pm**. These are taster sessions for groups that meet exclusively online and that might be quite appealing as the nights draw in and winter approaches. A huge variety of subjects. [Details on this link.](#)

**Microsoft Excel** David Andrews of Barnsley u3a is hoping to run an online course by Zoom later in the year. Each session will last around 2 ¼ hours with a short coffee/brain break. The course assumes only minimal basic knowledge of Excel before starting. Members from our u3a have attended previously and found them really helpful.

If this is of interest, email [david.andrews.it@btopenworld.com](mailto:david.andrews.it@btopenworld.com)

## Members' Market Place

[Select here to visit the Market Place](#) to read about:

- Epson XP-215 and HP 364 printer inks available
- M & S wool rug for sale
- Otley Buttercross Belles looking for new dancers
- Supporting u3a finances when you book through Riviera Travel.

Subscribe to the Market Place Forum and be notified of postings before the next News Flash. To visit the Market Place without waiting for News Flash, just look under the News tab on the website.

## Diary Dates

**Drop-in** An opportunity to chat to a member of the committee and other experienced members about u3a. Next session **10:30 am Friday 15th September** at Clarke Foley.

**Meet for coffee in Otley** **10 am Monday 25th September.** [Details here.](#)

**Meeting for new members** **2 pm Tuesday 26th September** at Clarke Foley. [Details here.](#)

**Manor House talk by Professor Abigail Harrison Moore** Join local resident Abigail, an expert in her field, to learn about the fascinating link between women's domestic roles and energy use in the late 19th century home. **10:15 am Friday 29th September.** [More information on this link.](#)

**Health & Wellness Event** u3a will be represented at this Ilkley BID event held at King's Hall Ilkley on **Saturday 30th September.** [Select here for details](#)

**Drop in Plus 10:30 am Saturday 6th October** at Clarke Foley. Why the plus? [Details here.](#)

Are you puzzled by the new shop that has appeared on Church Street next to the Flying Duck - the Ilkley Thingery? It's a lending library for all sorts of things. So if you need a pram or a high chair when the grandchildren visit, you can borrow one from Ilkley Thingery. We have invited u3a member Erika Shilling who manages the Thingery to share our drop-in meeting and chat with members who would like to know more. [Read more on this link.](#)

## **Our u3a in the local media**

**The off peak gym membership** scheme has featured on the Ilkley Chat website. [Select here to read.](#) To find out more about the scheme, [select here.](#)

**The u3a croquet group** training course was featured in the Ilkley Gazette when Jackie Green was part of the doubles team that triumphed in the Ben Rhydding Croquet Club's annual championship. If you wanted a perfect example of how u3a can offer new experiences, this is it. [Select here to read the article.](#)

## **Email scams**

Several reports of email scams in recent weeks. If it looks suspicious, it probably is dodgy. Golden rule is not to open any links. [Select here](#) for some useful tips from Which? (consumer magazine).

## **Thoughtful musings from Denise Marsden**

Sometimes you have to eat your words, chew your ego, swallow your pride and accept you're wrong. **That's not giving up - it's growing up!**

Beautiful people are not always good. **But good people are always beautiful!**

Your mind is a garden. Your thoughts are the seeds. You can grow flowers.

**Try not to grow weeds!**

Regards

John & Christine

Email: [Newsflash@ilkleyu3a.org](mailto:Newsflash@ilkleyu3a.org)

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