

News Flash

Your regular newsletter from Ilkley & District u3a

Issue 23.14 12th July 2023

NOT renewing your membership for 2023 / 2024?

Email membership@ilkleyu3a.org to tell us and please, if you feel able, give us a reason. By telling us now, we can stop reminder emails being sent unnecessarily. Thank you.

Renewal of membership for 2023 / 2024

Thanks to everyone who has renewed early. This really helps spread the work load for the membership secretary. To renew online now, just select your name [at the top of the website](#) and follow the instructions.

If you have forgotten your password, start to login with your email address and click "forgotten password". A new password will be sent to you. The password can be set to something more memorable later.

Only £15 and no change from last year. For other ways to pay, [select here](#).

Can you explain u3a to others? Read on...

We are looking for someone to write interesting u3a related stories for the local press thus helping to improve awareness of our organisation. **Just reply to this News Flash** to arrange an informal chat. An interesting role that gives an opportunity to understand more about the u3a and how it works. To see examples of our recent press releases, [select this link](#).

U3a Fitness Hub

These popular sessions at Ilkley Tennis Club are continuing to a fourth series. Select these links for more information and to book a place:

[Fitness Hub Pilates 1, starting 1 pm 13th July](#)

[Fitness Hub Pilates 2, starting 2 pm 13th July](#)

[Fitness Hub Silver Spin, starting 1 pm 14th July](#)

Our arrangement with the Tennis Club is changing and we'll let you know more information in due course.

Short Courses

Addingham in the middle ages. Fortnightly afternoons starting Wednesday 20th September through to 15th November. 2 pm to 3:45 pm. At the Hub in Addingham. [Select here for more](#)

[information and to book your place.](#)

Rediscovering William Morris. Six morning lectures at Silsden Town Hall on the 1st and 3rd Thursday of each month starting 21 September. Cost dependant on the numbers registering but expected to be around £15 for all six lectures. [Select this link for more information and to book your place](#)

Living well in the 3rd Age. Six sessions of 2 hours meeting weekly from Friday morning 8th September upstairs at the Labour Rooms, Walkergate, Otley, LS21 1EZ. [Bookings open shortly](#)

To express an interest in running your own short course, [select this link](#) which takes you to a new page on the website.

Group News

Ilkley & District u3a Quiz Team. We need someone to join us via zoom. 7 pm Wednesday 26th July. We are competing against other u3a groups across the UK. It is really well organised and surprisingly addictive. **Please reply to this News Flash if interested.** A one off opportunity!

Singing for Pleasure. Sybil Whiteley writes that at the summer programme taster session, Brian, our Musical Director, talked us through some simple warm ups and then we sang some popular songs. The choir then did a few of the songs from our repertoire. Singing is very good for you, both physically and mentally, so please come and give it a try. **We are still short of MEN, particularly tenors.**

[Details of the group on this link.](#) After our summer break we start again on Tuesday, 12th September at 10 a.m. We are encouraged that 12 new members joined our choir as a result of summer programme and attendance at the Showcase.

Photography for beginner's. The results from their group competition can be seen [on this link.](#)

Members' Market Place

Login to the website then, [select here to visit the Market Place](#) to read about:

- A holiday home in Whitby for rent at very advantageous prices to other u3a members.
- A request for a recommended plasterer in Addingham

Diary Dates

Saturday Talk at **10am Saturday 15th July.** Nora Whitham MBE on growing up as a Chinese person in South Africa during Apartheid. Nora came to the UK to be educated as a nurse and eventually became the Head of Professional Development for the Leeds Teaching Hospitals NHS Trust in 2000. [More information on this link.](#)

Silsden Town Hall Drop in. **2pm Monday 17th July.** [Details here.](#) An opportunity to discuss all things related to u3a with a member of the management team, to book the short course on

William Morris and to renew your subscription until July 2024. **There is also a drop in at Clarke Foley, 10:30 am Friday 21st July.**

Meet for coffee in Otley. 10 am Monday 24th July. [Details on this link](#)

1867 Middleton Land Sales. An exhibition at the Manor House **each weekend to 27th August** by our good friends at Ilkley Civic Society. A crucial event that has huge implications for the look and feel of Ilkley today. [Details on this link.](#)

Summer Programme.

We are into the last few days of our programme. Something different almost every day for four weeks. Thanks to all who volunteered to organise such a varied programme,

Spaces still available for:

History of South Africa. Thursday 13th July @ 2.pm. Clarke Foley [Select here to book.](#)

Listen to 60's music. Riverside Hotel Ilkley. Thursday 13th July from 3pm. [Details here](#)

[Select here to see a short video of hand bell ringing.](#) With thanks to Sandra Duff for sending the recording.

Use these links to our Facebook pages to see pictures of the tour of [Lister Park](#), the discussion on [African Children in Peril](#), Lee Wellbrook explaining [Art of the album cover](#) and our [visit to Harrogate](#).

Two changes on the website

Our feed from Twitter on the home page is blank. This is because of a change in policy at Twitter. We will watch what develops but rest assured we are still actively using Twitter as a means of keeping in touch with over 500 people who follow our postings on a variety of topics.

We have removed our jokes. One of our most popular pages dating back to the dark days of lockdown.

The humour of cartoons shared widely on social media were copied onto our website so all could enjoy and lift our spirits. Unfortunately one image infringed copyright and we cannot take the risk that others may also have been inadvertently used in a similar way. Elsewhere, we only to use royalty free images on our social media and website platforms.

A lesson learnt and shared with our members so we can all be very vigilant when sharing images, music, video etc. via social media and other online platforms.

Thanks to Denise Marsden for these groan out loud contributions

Why did the bowling pins stop working? They went on strike!

What did the computer do at lunch time? Have a byte.

Don't tell secrets in the garden. **The potatoes have eyes - the corn has ears - and the beanstalk!**

I have some bad eye jokes. **But my puns are way corneal!**

Regards

John & Christine

Email: Newsflash@ilkleyu3a.org

Need help getting to grips with technology? [Select here for details of free help](#) for those living in the area covered by Leeds Council. All free and provided in Otley.

A new tree trail for Ben Rhydding. [Details on this link.](#) Includes a variety of trails around Ilkley compiled by u3a member Sue Stevens. Like an EYE SPY book from our youth!

Volunteer opportunities at Ilkley's Manor House. Including opportunities to help with small maintenance tasks in their garden. [Details on this link.](#)

u3a Ilkley & District

The Eye

2023 Issue 12

Time to spare? Join us for social & learning opportunities in Ilkley, Otley and adjoining areas.

What do these four images have in common? Turn to pages 2 & 3 to find out.

Win afternoon tea for two at Bettys in Ilkley. See back page for details of our prize draw.

Our local u3a has over 100 interest groups and 1500 members. Reach our website by scanning this QR code or just enter Ilkley & District u3a into any internet search facility. Look at the back page for other ways to contact us.

The future of the EYE

We do hope everyone has had an opportunity to read the current copy of the EYE. If not it is available to pick up at Clarke Foley in Ilkley, the Core and Court House in Otley. Also local libraries in Burley, Addingham and Silsden. Includes the opportunity to enter a draw to win afternoon tea at Bettys.

You can read on [online edition here.](#)

As you can imagine, the amount of time and expertise that goes into its print, production and distribution is considerable. The Management Committee are due to debate its future as a publication at its meeting on 28th July. **Reply to News Flash with your own thoughts.**

Should we continue to publish? Is it really adding to your knowledge and enjoyment of u3a? What else should we be doing to communicate everything about u3a to our membership? The floor is yours!