News Flash

Your regular newsletter from Ilkley & District u3a

Issue 23.13 2nd July 2023

Renewal of membership for 2023 / 2024

Thanks to everyone who has renewed early. This really helps spread the work load for the membership secretary. To renew online now, just select your name <u>at the top of the website</u> and follow the instructions.

If you have forgotten your password, start to login with your email address and click "forgotten password". A new password will be sent to you. Use this to login. The password can be set to something more memorable later.

Only £15 and no change from last year. For other ways to pay, select here.

NOT going to renew of your membership for 2023 / 2024?

Email <u>membership@ilkleyu3a.org</u> to tell us and please, if you feel able, give us a reason. By telling us now, we can stop reminder emails being sent unnecessarily. Thank you.

WestNet update re Craven u3a

With much regret, Craven (Skipton) u3a have withdrawn from the WestNet reciprocity agreement w.e.f. August 2024. Our own members can still take advantage of groups and events in Bradford, and Settle u3a subject to room being available. But to join a group in Craven, you will now need to join Craven u3a.

In response, we have introduced a new category of Associate Member. For a £10 annual subscription, a member of any u3a outside of WestNet can now partake in our activities providing there is space available. Whist this is primarily to help Craven members, it's also open to members of other local u3a groups that are not part of WestNet, including Leeds, Keighley, Wetherby etc.

We have written to all WestNet members on our records explaining this. You can read more about WestNet and Associate Membership by selecting this link.

U3a Fitness Hub

These popular sessions at Ilkley Tennis Club are continuing to a fourth series starting on 11th July. Select these links for more information and to book a place:

Fitness Hub Move Freely, starting 1 pm 11th July
Fitness Hub Pilates 1, starting 1 pm 13th July

Fitness Hub Pilates 2, starting 2 pm 13th July

Fitness Hub Silver Spin, starting 1 pm 14th July

Our arrangement with the Tennis Club is changing and we'll let you know more information in due course.

Visit Helmsley Thursday 20th July

Join Northern Towns on an all day visit to see both stunning gardens and a guided walk through the town. A few places spare and only £26. Details on the trip and how to apply by **selecting here.** This is a really friendly group so no one will feel an outsider. Email Jean Smith **jeanmsmith50@hotmail.com** to book.

Short Courses

Hand Build Pottery Our volunteer leader was overwhelmed by demand. So we had to close registrations early. We hope to share some images of creative talent in due course.

Addingham in the middle ages. Fortnightly afternoons starting Wednesday 20th September through to 15th November. 2 pm to 3:45 pm. At the Hub in Addingham. <u>Bookings open end July.</u>

Rediscovering William Morris. Six sessions meeting the 1st and 3rd Thursday of each month starting 21 September (21st Sept, 5th & 19th Oct, 2nd & 16th Nov, 7th Dec). At Silsden Town Hall. Bookings open end July

To express an interest in running your own short course, <u>select this link</u> which takes you to a new page on the website.

Group News

Motorbike 2 Our existing motorbike group (see this link for details) has been running for a number of years and is unable to take new members. There are only so many bikers you can organise safely as a group on the open road. So, time to start a second group, probably riding on different days to the existing group. If this is of interest to you, contact Mike Hogg (email hoggie1959@live.co.uk). Please include your phone number, details of the bike you normally ride and any days that you would prefer not to ride.

Solo Whist The first meeting of Solo Whist will be on Thursday 6th July from 2.00 - 4.00 at the Red Lion, Burley. Please contact newgroups@ilkleyu3a.org if this is of interest to you.

Photography for Beginners When starting the course, most of the group had little or no experience of photography. Over the weeks confidence and new skills were developed. Judge for yourself the progress made by **selecting this link** to see the winning entries from an exhibition of group members' photos held on 21st June.

Leisurely lunch A successful first meeting of the group will be followed by another on Tuesday 4th July from 12.30 – 2.30 at the Red Lion in Burley-in-Wharfedale. Email newgroups@ilkleyu3a.org if you wish to attend.

Gardening Group Still in the early stages of reforming. Next meeting will be held on 14th July. Venue and time to be announced. For more information contact newgroups@ilkleyu3a.org

Ilkley & District u3a Quiz Team. Our team of four meet online to compete against other u3a teams across the UK on the last Wednesday of every month at 7 pm. There is a spare place on Wednesday 26th July. It is really well organised and surprisingly addictive. **Just reply to this News Flash if interested.** If there are quite a few, no reason why we cannot have a second team.

Members' Market Place

Login to the website then, **select here to visit the Market Place** to read about:

- Opportunities to become a trustee at Clarke Foley.
- A printer for your computer in good working order.
- A full size (folding) table tennis table with net looking for a new home.

To contact a member directly, click on their name on the post.

Diary Dates

Friday Drop-in sessions 10:30 am 7th July at Clarke Foley and for the first time in **Silsden Town Hall (2pm Monday 17th July. <u>Details here.</u>)** An opportunity to discuss all things related to u3a with a member of the management team, to book events on our summer programme and to renew your subscription until July 2024.

1867 Middleton Land Sales. An exhibition at the Manor House each weekend **8th July to 27th August** by our good friends at Ilkley Civic Society. A crucial event that has huge implications for the look and feel of Ilkley today. **Details on this link.**

Saturday Talk at **10am Saturday 15th July.** Nora Whitham MBE on growing up as a Chinese person in South Africa during Apartheid. Nora came to the UK to be educated as a nurse and eventually became the Head of Professional Development for the Leeds Teaching Hospitals NHS Trust in 2000. **More information on this link.**

u3a walking cricket on TV. Apparently the schedule changed at the last minute. The broadcast on BBC One Show is now expected sometime in October. If anyone happens to catch it, let us know and we will post a link to BBC iPlayer.

Summer Programme.

We are just over half way through our programme. Thanks for some lovely feedback so far. **Select here to see the events still to take place.** Spaces still available including:

Singing for Pleasure. Tuesday 4th July @ 10 am Ben Rhydding <u>Select here to book</u> **Art of the Stone Age.** Tuesday 4th July @ 2:30 pm. Clarke Foley <u>Select here to book</u>

A guided walk through Lister Park. Friday 7th July @ 2:15 pm Select here to book. History of South Africa. Thursday 13th July @ 2.pm. Clarke Foley Select here to book. Table tennis taster session. Friday 14th July @ 10 am. Select here to book.

Latest updates on the website

The latest edition from the **local newspaper archive** can be see here. We are now up to 1987 and celebrating brand new trains being introduced on the railway. Read the full collection by selecting this link and taking a volume from our digital bookcase.

More than 30 cartoons added to the **Quirky Humour page**. **Select here to see.**

The winning photographs in the photography for beginners group competition on this link.

Read the EYE online. Select here.

See images from yesterday's very successful showcase. Select here.

Some Weather Jokes

- Q. Why should you be careful when it's raining cats and dogs? You might step in a poodle.
- Q. What is the opposite of a warm front? A cold back.
- Q. What did one raindrop say to the other? Two's company, three's a cloud.

Regards

John & Christine

Email: Newsflash@ilkleyu3a.org

Have you picked up your copy of the EYE?

We no longer mail out this publication due to the cost of postage. So please pick up a copy from Clarke Foley, the Core in Otley and at libraries in Silsden, Addingham and Burley.

Not only is this 12 pages of news and views of various groups, but there is the opportunity to win tea for two at Bettys in our prize draw.



Lost watch in Middleton Woods Use this link for details.

YAHR Music Festival Several of our music groups supported this regional event. **Select here to see a short video** put together by Sheffield u3a video group.

Latest newsletter from u3a HQ. Read it here.

Need help getting to grips with technology? Select here for details of free help for those living in the area covered by Leeds Council. All free and provided in Otley.

