News Flash

Your regular newsletter from Ilkley & District u3a

Issue 23.11 2nd June 2023

Summer Programme

<u>Select here to see the full event list.</u> Once you've read the brief descriptions, click on the links for more information and to book. Some are running out of places so you know what to do!

Bring a friend to events at Clarke Foley An ideal way to introduce a friend to u3a. Bring up to two guests at no cost. Free tea or coffee. Just select any of the following links:

10 am Tuesday 20th June. Support for Planet Earth. A series of short presentations and discussion organised by our Saving the Planet Group.

10:30 am Tuesday 27th June. The Art of the Album Cover. From the peak period of LP sales (mid 1960s to early 1980s).

2:30 pm. Wednesday 28th June. African Children in Peril Brian Waller, a member of our u3a, will give a presentation and lead a discussion about the predicament of young children in Sub-Saharan Africa.

2:30 pm Tuesday 4th July. Art of the Stone Age. Includes amazing and often accomplished art including cave painting, musical instruments, carving and the first ceramics.

2:00 pm Thursday 13th July. History of South Africa. As a taster for the u3a Histories of Nations group, Marten Koopmans will present this history with little quirky bits of information.

Voyagers coach trip Wednesday 12th July An all-day visit to Sheffield Cutlers' Hall and Renishaw Hall. **Select here for details and to book. Bookings close Monday 26th June.**

Renewal of your membership

Okay, we know subscriptions don't run out until the end of July but it really helps to spread the workload on our membership secretary if you can renew early. It's really easy online.

- 1. **Select here** to reach our website.
- 2. Login with your email and password.
- 3. Click on your name and follow the instructions.

If you are not going to renew, it will be really helpful if you email membership@ilkleyu3a.org to tell us. Please give your name and if you feel able to give us a reason, please do so. By telling us now, we can stop reminder emails being sent unnecessarily. Thank you.

Our Showcase event

Group Leaders are currently being offered the opportunity to have their group represented at this annual event, previously known as 'Meet the Leaders'. If you can help promote your group on the

day, your group leader will be very pleased to hear from you. This event will be at Clarke Foley **10:30 am Saturday 1st July.** Read our press release here.

If you can help on the new member's desk on 1st July, email membership@ilkleyu3a.org and Jean Smith will be very pleased to hear from you.

Group News

The Practical Gardening Group An update to the announcement in the last News Flash. The first meeting of this group is **10:30 am Monday 5th June** and will now be a Gardener's Question Time. It will be hosted by Courtyard Planters, 9 Westgate, Otley LS21 3AT. More details of the venue **on this link.** To express an interest in this group email **newgroups@ilkleyu3a.org**

Singing for Pleasure. The group is busy rehearsing for the <u>MusicFest at York</u>. The songs we are singing are very beautiful and will appeal to all. We meet at St. John's Church Hall, Ben Rhydding at 10 am on Tuesdays. **To join a taster session as part of the Summer Programme on Tuesday 4th July, <u>select here.</u> We have a break for tea/coffee when you can talk to our members and see if you would like to join us in the future.**

Walking for Fitness visited the bluebell woods in Ilkley last month. <u>Pictures here from our Facebook page</u>. Only accredited u3a members can add content to our FB pages so it's a well-controlled area of social media and you don't need a Facebook account to read our posts. Share your own group activities by sending a few lines and pictures to <u>facebook@ilkleyu3a.org.</u>

New groups about to get started

Films on the Edge has just started meeting in the Bar T'at Pub at 2pm on the fourth Monday of the Month. **Next meeting 2 pm Monday 26th June. Select here to read more** and to express an interest in joining. This group views films of various genres which are not mainstream Hollywood such as The Coen Brothers, Danish Films, Quirky English Films, etc. The films are viewed at home and discussed at our monthly meetings. Anybody can suggest a genre of their choosing.

A fun way to explore Bradford

Join other u3a members for a TV and Film Treasure Hunt **early evening Tuesday 20th June**. Car sharing or meeting up on the train, so no one is going to be left on their own. And supper at the historic Bradford Club afterwards! **Details on this link**.

Spare places on a coach trip to Chester

Northern Towns Group have spare places for a visit to Chester on **Thursday 15th June.** <u>Select here for details</u>. Only £24:50. Local pick-up points. **Bookings close Wednesday 7th June.**

Members' Market Place

Login to the website, select here to visit the Market Place to read about:

- An opportunity to take up a free Fitness Hub session at the tennis club worth £24
- Ilkley Community Transport looking for a working SAT NAV for their minibus fleet.

Since the last email, the dog sitting circle has had several expressions of interest and a pair of hiking poles have found a new home. To contact a member directly, click on their name on the post.

Diary Dates

Friday Drop-in sessions 10:30 am 2nd June at Clarke Foley and **10:30 am 9th June** at the Core in Otley. An opportunity to discuss all things related to u3a with a member of the management team, book events on our summer programme and renew your subscription until July 2024.

A meeting for new and newish members An opportunity for you to discover more about u3a and the opportunities it has to offer. But also a time for us to receive feedback. What is working and not working for you? **2 pm Wednesday 7th June** at the Core in Otley. Register here.

The One Show BBC One TV 7pm Friday 9th June at 7pm. Local u3a groups are featured playing Walking Cricket with Angela Rippon. **Details and pictures here.**

RHS Garden Bridgewater, near Salford by coach. An invitation to join Bradford u3a who have a few spare seats. Monday 12th June. Details on this link.

Saturday Talk at **10am Saturday 17th June.** Marg Greenwood talks about her experiences discovering some of the lesser known Scottish Islands. Much more information on this link. The book of the talk will be on sale at reduced prices so please bring cash or your cheque book.

Medieval Embroidery exhibition 20th May to 25th June at Ilkley Manor House. Also many other fascinating events at the Manor House over the spring and summer months. **Details on this link.** The Manor House is looking for volunteer stewards on Saturdays and Sundays from 11-1.30pm and 1.30pm - 4pm. Email **volunteer@ilkleymanorhouse.org** and someone will be in touch.

An opportunity to learn about and spot bumble bees

For a few weeks in June and July Clare Heap, a member of u3a, walks across three fields just beyond Grassington recording which kind of 25 varieties of bumble bee she can spot. It's all part of a survey organised by the Bumblebee Conservation Trust and takes about 90 minutes. Clare writes:

Two of the fields are grown for hay and sometimes have sheep in them but never dangerous cows. The third field is a wonderful wild flower hay meadow full of flowers including orchids and it just lifts your spirits walking across it.

If you would like to join Clare and help her complete the survey, please give her a call on 01943 430406 or email your contact details to clareheap@gmail.com. There is no set date for the visits so there is flexibility about what suits those who want to take part. Here is a link to an article in the Guardian about the national scheme.

Rainbow call companions

An award-winning free service for older LGBT+ people who are lonely, isolated or in need of companionship and feel they would enjoy a friendly phone call every week or two with a volunteer who is also LGBT+. Select this link to learn more.

Congratulations to Jo Peters

Jo has won a national u3a poetry competition. Learn more and read Jo's winning entry **by selecting this link.**

Ilkley Newspaper Archive

The latest edition (select here) takes us into 1986 and includes Concorde arriving at Leeds Bradford Airport and the publication of a book about our local railway by one of our own members (Bill Smith).

Read the full collection by selecting this link and taking a volume from our digital bookcase.

Thanks to Denise Marsden for these groan out loud jokes

I went home the other day and asked my brother, "Does Dad like Jam?" "No", he replied, "but Marmite."

Why can't cows do ballet? Because they lactose!

How was the Roman Empire cut in half? With a pair of Caesars.

Why do you never want to open a martial artist's luggage? They really pack a punch!

The Cartoon Gallery

For the latest additions to our cartoon gallery on the website, <u>select here</u>. Started during lockdown and still going strong with more items added each month.

Regards

John & Christine

Email: Newsflash@ilkleyu3a.org

Read the latest newsletter from Third Age Trust. Select here

Want to win afternoon tea at Bettys? Look for the prize draw on the back page in the EYE. Available to pick up in Clarke Foley, the Core in Otley and numerous other locations throughout the area. **Select here to read the online version.**

Finally, thanks to Pam Harris for sending the cartoon and to Jean Smith for providing these pictures of u3a helpers at the Clarke Foley Health and Wellbeing Festival last Saturday



