

u3a news flash

Win a £25 book token

[Select this link](#) to see mystery pictures of Addingham on our website. Click or select anywhere on the images to reveal both the locations and instructions on how to enter the prize draw.

We're using the picture quiz and prize draw to increase awareness of u3a in Addingham and in particular a special drop-in event from 10:30 am to 12 noon on **Saturday 1st April at the Hub on Main Street.**

[Details on this link](#). Do pop in and say hello over a cup of coffee and maybe watch the draw for the book token.

Help raise awareness of u3a via local radio

We're looking for a friendly and authoritative voice of Ilkley & District u3a to record occasional items for our local radio station. [Details on this link](#). If you would like to help, please email NewsFlash@ilkleyu3a.org in the next day or so. We aim to promote the Addingham drop-in on 1st April so need to get cracking now!.

Groups looking for new members

Racquetball. This is very similar to squash; it's played on a squash court but a larger racket and a bouncier ball make it easier. This group has been very active but now needs someone to coordinate its rebirth. [Select this link to read more information on our website.](#)

If racquetball is for you and you are prepared to help reignite the group, please email establishedgroups@ilkleyu3a.org and we'll provide whatever support you may need.

Social Bridge in Otley: Do you have a basic understanding of the Acol bidding system and are you interested in joining a small group for social bridge in the Otley area? The idea would be to meet weekly in members' homes to enjoy playing and hopefully improving. We would also welcome one or two more experienced players who would be happy to provide a little coaching as well as participating. For further information and expression of interest please contact Steph Lee (07527 000189) or Trevor Williams (07802 368125).

Saturday Talk 10 am 19th March

On Location by Paul Kenny: Paul will talk about film and TV locations from 1945 to the present day including a few local to us. He'll be telling anecdotes about filming and the unusual things that happened during the making of the productions.

[Select here for more information.](#)

Still places available

Hear the national chair of Third Age Trust (our parent body) when Liz Thackray attends an u3a event in York on Tuesday 22nd March. [Details on this link.](#)

There are also places available for the Yorkshire and Humber Region Summer School which runs from 25th to 28th July. [Details on this link.](#) One of our own members (Mike Pilling) is running one of the sessions.

Nostalgic images

Do you remember getting the latest news on Ceefax? [Select here for images of this and other forgotten items.](#) Send in your own favourites and we can add them too.

The quirky humour page

Some new contributions in the past few weeks. Keep them coming. [Select here for the latest additions to the collection.](#)

The Ilkley scrap book

All past editions are now stored on a virtual bookshelf. [Select here.](#) Take a volume off the shelf as you would in a library and read the content by flipping through the pages just like a book.

Who does what in our u3a

[Select this link](#) to see the updated list of **who does what** to manage such a diverse and dynamic organisation and let News Flash know if there's anything missing. Everyone can access this page from the Contact Us and Search tabs on the website.

More talks on Zoom

Our parent body continues to provide talks on Zoom. [Select this link](#) for some that we have featured on our own website. Subscribe to receive updated lists every month and see what else is available [on this link.](#) A couple of our members have really enjoyed completing a 6-week national u3a online course on learning how to solve cryptic crosswords. The course leader, Henry Howarth, will be repeating the course from 5th May. If you'd like to take part, [select here.](#)

Some one-liners from the Edinburgh Fringe

Red sky at night, shepherd's delight. Blue sky at night: day.

I was watching the London Marathon. The two front runners were someone dressed as a chicken and someone dressed as an egg. I thought, 'This could be interesting!'

I saw a documentary on how ships were put together. Riveting!

Regards

John & Christine

[Email NewsFlash@ilkleyu3a.org](mailto:EmailNewsFlash@ilkleyu3a.org)

Updating your membership records

We would like all our members to check that our records correctly reflect your preferences for how we communicate with you. It's easy to do. [Login to our website](#), click on your name towards the top of the page and follow the links.

The quarterly Third Age Trust magazine called Third Age Matters is free as part of your u3a subscription. The range of articles and quality of presentation is much improved in recent times so this is your opportunity to make sure you receive your own printed copy.

Your u3a subscription also covers the cost of printing and posting the annual Programme of Activities and the EYE. If you would like to receive a paper copy of these, please check that our records correctly reflect this. Alternatively, you can view them on our website or the notice board at the Clarke Foley Centre.

A year of anniversaries

Ilkley & District u3a was founded 25 years ago. The movement in the UK is 40 years old. [Select here to see a birthday message from Esther Rantzen](#). It goes to the u3a Facebook page but you should be able to see it even if you don't have a Facebook account.